

## Professor Hannah Sherbersky MSc DClinPrac

### Published and broadcast works

**Sherbersky, H.** (2026). "Mum Guilt". BBC Radio 4, Woman's Hour. [Listen](#)

**Sherbersky, H.** (2026). Raising Teens in Psychologically Safe Environments. Thrive: Wellbeing with St John's podcast. [Listen](#)

**Laura Trihy, Peter Stratton, Aideen Kieran, Patricia Starken, Hannah Sherbersky, Melanie Shepherd, Michael Galbraith, Naureen Whittinger, Valeria Pomini, Kunsang Yang Yang, Finiki Nearchou, Alan Carr** (2025). Further Validation of the Systemic Clinical Outcome Routine Evaluation for Couples (C-SCORE) [Read](#)

**Diamond, G., Winston-Lindeboom, P., Quigneaux, S., Sherbersky, H., Devacht, I., Roeske, M.** (2025). Family-centered care in psychiatric residential and inpatient treatment for youth: Three family systems models. Family Therapy Magazine, 25(6). [Read](#)

**Rivett, M., Sherbersky, H., and Miller, R.** (2025). In: Thapar, A., Pine, D. S., Cortese, S., Creswell, C., Ford, T. J., Leckman, J. F., & Stringaris, A. (Eds.) Rutter's Child and Adolescent Psychiatry and Psychology. [Read](#)

**Sherbersky, H.** (2025). How to Live Podcast with Dr. Julia Wahl. Episode 16. In conversation with Hannah Sherbersky on (good) relationships. [Listen](#)

**Carr, A., Kieran, A., Sherbersky, H., Shepherd, M., Galbraith, M., Whittinger, N. et al.** (2025) Development and preliminary validation of the C-SCORE: A brief scale for use in systemic couple therapy. Journal of Family Therapy, 47, e12485. [Read](#)

**Sherbersky, H.** (2023) Managing the in-laws with Hannah Sherbersky. Conversations with Annalisa Barbieri. [Listen](#)

**Sherbersky, H., Vetere, A. & Smithson, J.** (2023) 'Treating this place like home': An exploration of the notions of home within an adolescent inpatient unit with subsequent implications for staff training. Journal of Family Therapy, 45, 392-413. [Read](#)

**Sherbersky, H. and Burnham, J.** (2023), Working systemically within an adolescent inpatient context. J Fam Therapy, 45: 387-391. [Read](#)

**Sherbersky, H., & Gill, M.** (2022). 'Action methods in supervision - an integrative practice approach' in Embodied Approaches to Supervision: The Listening Body edited by C., Butté & T., Colbert. Taylor & Francis. [Read](#)

**Reibstein, R. & Sherbersky, H.** (2022), Manualising the Exeter Model: Couple Therapy for Depression - A Behavioural-Systemic Approach in Systemic Approaches To Psychotherapy Manuals -Integrating Research Practice And Training edited by P., Stratton, M., Mariotti, & G., Saba. [Read](#)

**Sherbersky, H (2021).** Viva Talk! In conversation with Professor Hannah Sherbersky (2021), The Systemic Way podcast. [Listen](#)

**Sherbersky, H., Ziminski, J. and Pote, H.** (2021). The journey towards digital systemic competence: Thoughts on training, supervision and competence evaluation. Journal of Family Therapy. [Read](#)

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**Parke, C., Smithson, J., Limond, J., Sherbersky, H., & Butler, C.** (2020). Student and Supervisor Experiences of the Systemic Practice Scale (SPS): A Discourse Analysis. Journal of Family Therapy. [Read](#)

**Sherbersky, H., & Gill, M.** (2020). Creative action techniques in supervision. IFTA Special Edition. Journal of Family Psychotherapy. [Read](#)

**Sherbersky, H., & Gill, M.** (2020). Partners and Parents Course. Paired App. © 2020, Better Half Ltd.  
[Access](#)

**Sherbersky, H.** (2020). Spotlight – Draw on our own spontaneity. The New Psychotherapist.

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**Sherbersky, H.** (2018) Rivett, Mark. In: Lebow J., Chambers A., Breunlin D. (eds) Encyclopedia of Couple and Family Therapy. Springer, Cham. [Read](#)

**Sherbersky, H.** (2015) Family therapy and fundamentalism: One family therapist's exploration of ethics and collaboration with religious fundamentalist families. Clinical Child Psychology and Psychiatry doi: 10.1177/1359104515620249. [Read](#)

**Sherbersky, H.** (2013) 'Integrating creative approaches within family therapy supervision' in Creative Supervision across Modalities (Ed. Chesner, A., & Zografou, L) London: J Kingsley [Read](#)

**Sherbersky, H., & Gill, M.** (2013) Rediscovering Spontaneity. Context, p.34-38.

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